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ANTELOPE VALLEY HOSPITAL OFFERS FREE LECTURE ON KIDNEY AND BLADDER CANCER SEPTEMBER 10, 2009

(LANCASTER, CA – September 4, 2009) — Eugene Rajaratnam, M.D., a Urologist on staff at Antelope Valley Hospital (AVH), will conduct a free health lecture on kidney and bladder cancer on Thursday, September 10, 2009.

“The causes for both kidney and bladder cancer are unknown, but like many types of cancer, if caught early, they are highly treatable,” says Dr. Rajaratnam. “Risk factors, such as smoking and poor diet, increase the chances of developing these types of cancers, so prevention begins with an individual’s lifestyle.”

Most bladder cancer is found early which leads to higher cure rates. The main symptom of bladder cancer is blood in the urine. Since this could be indicative of different types of conditions, it’s best to see a doctor for diagnosis. Bladder cancer treatment options include surgery to remove the cancer growth, chemotherapy and radiation.

Blood in the urine is also a sign of kidney cancer. Additional symptoms may include a lump or pain in your abdomen, loss of appetite or unexplained weight loss, extreme fatigue or anemia. Since many people don’t experience any early symptoms of kidney cancer, preventative measures such as not smoking, eating a healthy diet and maintaining a healthy weight are ways to prevent these cancers as well as many diseases.

“Prevention is key to avoiding many diseases including cancer,” said Edward Mirzabegian, AVH Chief Executive Officer. “AV Hospital’s quality care extends beyond the clinical setting to the free lecture series which offer prevention tips and treatment options for many types of diseases.”

The free AVH health lecture on **Thursday, September 10th** will begin at **6:30 p.m.** It will be held at the **AV Outpatient Imaging Building 44105 15th Street West**, Lancaster (the corner

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AVH / Rajaratnam Health Lecture

Page 2 of 2

of J-5 and 15th Street West) on the **4th floor**, in **conference room 15**. To reserve a seat, please call **(661) 726-6499** or send an e-mail to communityrelations@avhospital.org. Please leave your name, contact number, and number of guests attending the lecture.

About Antelope Valley Hospital

Celebrating more than 50 years of caring for the community, Antelope Valley Hospital, a facility of Antelope Valley Healthcare District, is a non-profit, 420-bed hospital that was founded in 1955. The hospital is dedicated to providing quality care and services to everyone in the Antelope Valley. AV Hospital is located at 1600 West Avenue J in Lancaster, California. For further information, please visit www.avhospital.org or call 661-949-5000.

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