



NEWS

ANTELOPE VALLEY'S
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ANTELOPE VALLEY HOSPITAL OFFERS FREE LECTURE ON ANTERIOR HIP SURGERY AUGUST 13, 2009

(LANCASTER, CA – August 10, 2009) — Alon Antebi, D.O., orthopaedic surgeon, will conduct a free health lecture August 13, 2009 on the latest technique in hip surgery, available exclusively at Antelope Valley Hospital (AVH).

The procedure – the anterior (front) approach hip replacement surgery allows the surgeon to access the hip joint from the front of the hip, where there is a more direct approach and less muscle and tendon to dissect through. “In order to get access to the hip joint to insert the prosthesis, a highly specialized operating table only available at AV Hospital is required. This specialized Mizuho OSI HANA™ table allows me to raise and lower the operative leg while the patient is lying flat on their back,” explained Antebi.

By performing the surgery from the front of the body, the hip can be replaced without detachment of muscle during surgery. The surgeon can simply work through the natural interval between the muscles – “spreading muscle, not cutting it.” Dr Antebi explained that the most important muscles for hip function are the gluteal muscles (gluteus maximus, medius, and minimus) which attach to the pelvis and femur and are left undisturbed, therefore leading to a faster and less painful recovery.

Dr. Antebi explained another benefit of doing this surgery at AV Hospital is that he can use fluoroscopy (live X-ray) during the surgery to help identify the precise positioning of the

Anterior Approach Hip Replacement Surgery at Antelope Valley Hospital

The merits of this procedure are:

- Less muscle trauma for the patient
- Reduced hospital stay
- Smaller incision - 4 to 6 inches as opposed to 10 to 12 inches
- Faster recovery - 2 to 8 weeks as opposed to 2 to 4 months
- Reduced pain, reduced blood loss, reduced tissue healing required, reduced risk of dislocation, and more rapid return to normal activities.

(more)

prosthesis and to help determine if any adjustments need to be made during the surgery. “By using the real-time x-rays, I can put the prosthesis in position and make sure that everything is positioned perfectly *before* I close the wound.”

“We are developing an orthopedic center of excellence,” said Edward Mirzabegian, AVH Chief Executive Officer. “By encouraging our physicians to learn and perform the latest techniques in orthopedic surgery, we’ll create a destination healthcare facility for our patients in the area, as well as other communities.”

For more information about this innovative, anterior hip replacement surgery, please call Dr. Alon Antebi at Antelope Valley Orthopaedic and Rehab Specialists (A.V.O.R.S.) - 661.726.5005 or visit <http://www.myorthorehab.com/>

The free AVH health lecture on **Thursday, August 13** will begin at **6:30 p.m.** It will be held at the **AV Outpatient Imaging Building 44105 15th Street West**, Lancaster (the corner of J-5 and 15th Street West) on the **4th floor**, in **conference room 15**. To reserve a seat, please call **(661) 726-6499** or send an e-mail to communityrelations@avhospital.org. Please leave your name, contact number, and number of guests attending the lecture.

Dr. Antebi at bedside



Drs. Antebi and Nasser operating on a patient



About Antelope Valley Hospital

Celebrating more than 50 years of caring for the community, Antelope Valley Hospital, a facility of Antelope Valley Healthcare District, is a non-profit, 420-bed hospital that was founded in 1955. The hospital is dedicated to providing quality care and services to everyone in the Antelope Valley. AV Hospital is located at 1600 West Avenue J in Lancaster, California. For further information, please visit www.avhospital.org or call 661-949-5000.

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