



# NEWS

ANTELOPE VALLEY'S  
HEALTHCARE  
NEWS RESOURCE

FOR IMMEDIATE RELEASE

**Contact:** Julie Triggs  
Office: 661-949-5530 Cell: 661-433-9543  
[julie.triggs@avhospital.org](mailto:julie.triggs@avhospital.org)

## FIRST BABY OF 2010 ARRIVES AT ANTELOPE VALLEY HOSPITAL

(LANCASTER, CA –JANUARY 1, 2010)— Antelope Valley Hospital (AVH) celebrates the first baby born each year. This year that distinction goes to Jazmyne Marie Westberg.

More than 6,000 babies were born at Antelope Valley Hospital (AVH) during 2009. The honor of first baby of 2010 goes to Jazmyne, born on January 1, 2010 at 5:22 a.m. She weighed in at 6 lbs, 5 ounces and was 18.5 inches in length. Jazmyne is the 5<sup>th</sup> child born to Caryn Westberg.

“It is a celebration when the first baby of the year is born,” said Edward Mirzabegian, AVH Chief Executive Officer. “This tiny human being represents hope for a peaceful and healthy new year in our community and throughout the world.”

AVH President of Medical Staff, Doddanna Krishna, M.D. noted that delivering babies is an honor and a joy for the hospital, which has brought tens of thousands of the Antelope Valley's residents into the world since its doors opened in 1955.



Caryn holds her new daughter, Jazmyne.

### **About Antelope Valley Hospital**

Celebrating more than 50 years of caring for the community, Antelope Valley Hospital, a facility of Antelope Valley Healthcare District, is a non-profit, 420-bed hospital that was founded in 1955. The hospital is dedicated to providing quality care and services to everyone in the Antelope Valley. AV Hospital is located at 1600 West Avenue J in Lancaster, California. For further information, please visit [www.avhospital.org](http://www.avhospital.org) or call (661) 949-5000.

(-more-)

###

The following is a list of gift items for the family of the First Baby of 2009:

**Gift Basket Donated by AV Hospital**

Three-pack of pacifiers

Baby's Emergency Diaper Kit

New Years Beany Baby

One pair of Bunnies by the Bay, Quack Slacks

Formula Feeding Sling Pack

Baby manicure kit

What to Expect, the Toddler Years, by Eisenberg, Murkoff, and Hathaway

Full size Teddy Bear

Car Seat

New Years bear that sways and plays "Auld Lang Syne"

A Build A Bear Workshop Bear, and

A "Count My Blessing's" by First Footings, memento of the baby's first footprints