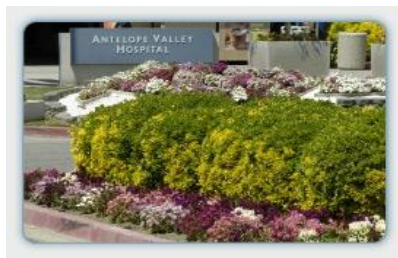




**ANTELOPE VALLEY
HOSPITAL**

A facility of Antelope Valley Healthcare District

NEEDS ASSESSMENT REPORT (ONCOLOGY) 2015



Antelope Valley Hospital
1600 West Avenue J
Lancaster, CA 93534
Tel.: 661-949-5000

www.avhospital.org

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Mission and Vision

Mission:

Antelope Valley Healthcare District improves the quality of health in our community through research, education and innovation.

Vision:

Antelope Valley Healthcare District will be the leading resource for improving health by engaging and educating our community and safely caring for our patients.

Values:

Accountability: Accept ownership and responsibility for carrying out the mission.

Action-Oriented: Identify the needs of the district, seize opportunities and embrace challenges to achieve the district vision.

Customer-Focused: Always acting in the best interest of the people of the district.

Compassion: Serving others in a sympathetic and dignified manner.

Effective Communication: Responding to the needs of the community by providing access to information to improve the quality of health.

Teamwork: Promote partnerships with clients while providing value and service to the community.

Ethics, Integrity and Trust: Demonstrated through our actions.

Our Commitment to the Community



Antelope Valley Hospital (AVH) is a 420-bed district-community acute care hospital located in Lancaster, California. AVH is a Disproportionate Share Hospital with 22.8% of inpatient stays with Medi-Cal coverage and 28.2% with Medicare (OSHPD, 2013). AVH is the Antelope Valley's only full-service safety-net hospital. Providing the only obstetrical

services in our service area, we are widely respected for our maternal child health department, which includes the neonatal intensive care unit, continuing care nursery, labor & delivery, pediatrics, and newborn nursery services. AVH offers comprehensive diagnostic imaging services including a state-of-the-art CAT scanner and MRI, critical care units, and highly regarded medical/surgical services and outpatient surgery services. AVH offers rehabilitation, occupational, and physical therapy; outpatient and inpatient services; home care services, including skilled nursing, IV therapy, wound care, newborn baby/mother visits, pediatrics, medication administration, pain management, and personal assistance by licensed home health aides and medical social workers; and a forensic services unit that provides a quiet, safe place for forensic medical exams for sexual assault and domestic violence survivors.

AVH is a designated stroke center accredited by the Joint Commission, has been recommended by the Society of Cardiovascular Patient Care as a designated Chest Pain Center, and is a designated Level II trauma center. AVH provides complete and personalized cancer care as a national comprehensive community cancer center accredited by the Commission on Cancer. Oncology services provided include screenings, diagnosis, treatment and survivorship care. We are dedicated to guiding and supporting each patient and their family through the entire process. Patients receive comprehensive care, including state-of-the-art diagnostic services, a full complement of chemotherapy protocols, radiation oncology services, surgery and hormone therapy as required. Our experienced team of expert physicians, oncologists, pathologists, radiologists, surgeons,

clinical pharmacists, chemotherapy certified nurses, clinical social workers, dieticians, rehabilitation services and other specialists collaborate to determine the best course of treatment.

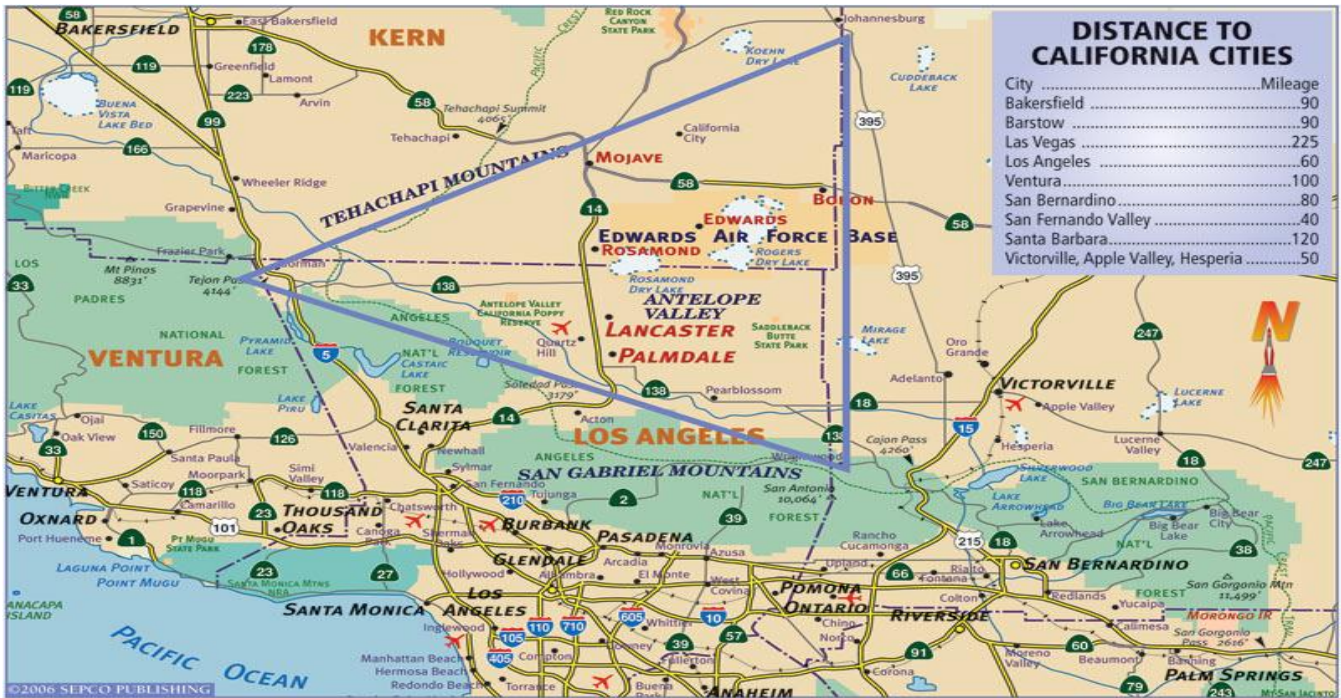
Process and Methods

A Portrait of the Antelope Valley

The Antelope Valley service area for the purposes of the community needs assessment is defined as the cities of Acton, Boron, California City, Lake Hughes, Lancaster, Littlerock, Mojave, Palmdale and Rosamond. The following table defines the service area and the location:

City/Community	Zip Codes	County
Acton	93510	Los Angeles
Boron	93516	Kern
Lake Hughes	93532	Los Angeles
Lancaster	93534,93535,93536	Los Angeles
Littlerock	93543	Los Angeles
Mojave	93501	Kern
Palmdale	93552,93550,93551,93591	Los Angeles
Rosamond	93560	Kern

Service Area Map



Service map above represents the catchment area of Antelope Valley Hospital.

Key Findings

Population

The Antelope Valley service area is located in northern Los Angeles County and southeastern Kern County. AVH is located in Lancaster, California, which is considered an urban city in Los Angeles County; but the service area extends into rural portions of Los Angeles and Kern counties.

Population by Gender

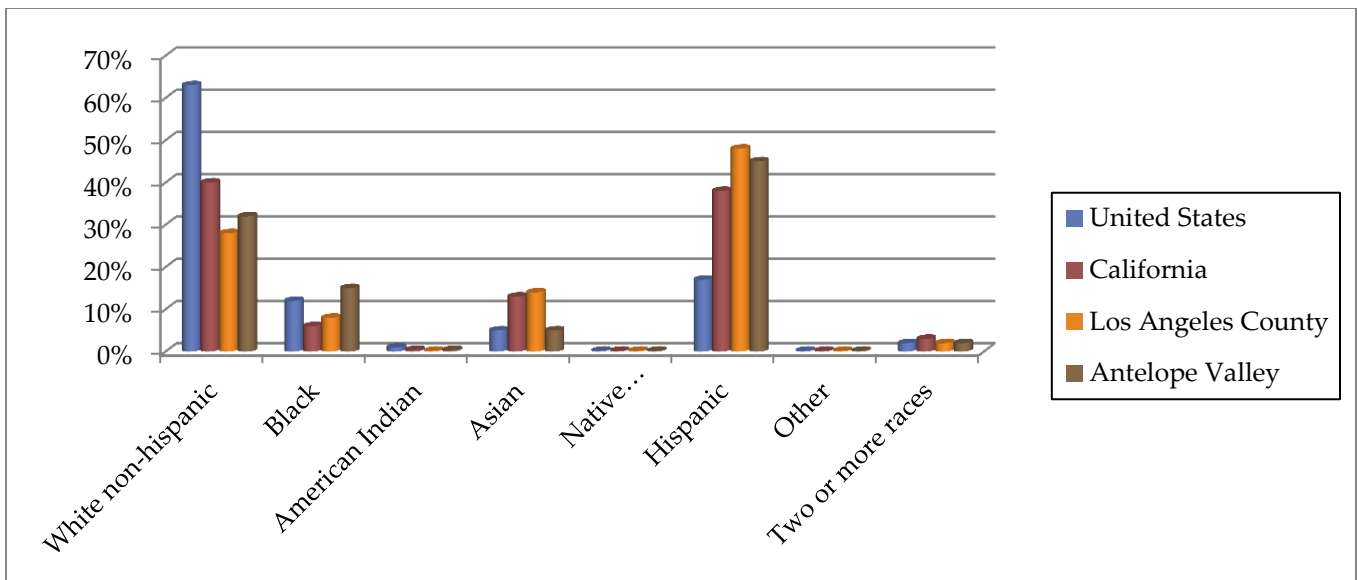
Location	Males	Females	Males	Females
Antelope Valley	178,168	180,445	50%	50%
Los Angeles County	4,878,648	5014833	49%	51%
California	18,726,468	18,932,713	50%	50%
United States	153247412	158289182	49%	51%

Data Source: [U.S. Census Bureau, 2009-2013 American Community Survey 5-Year Estimates](#)

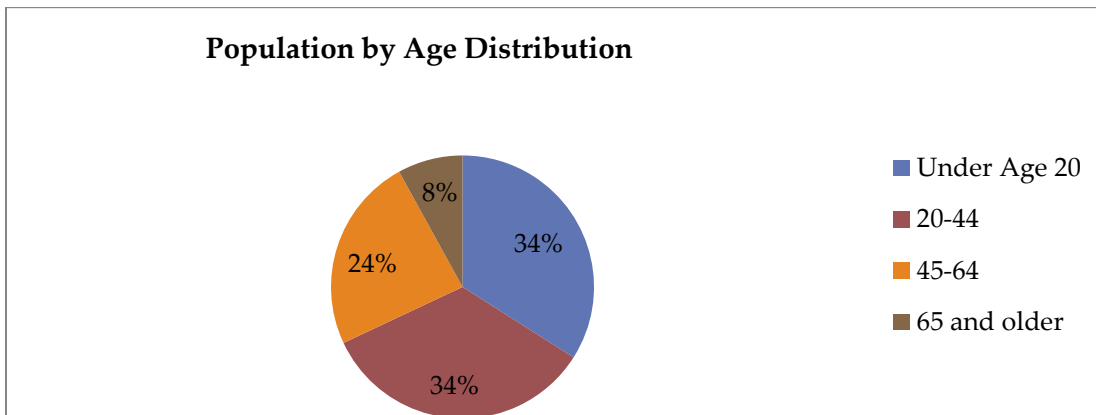
The total population of the AVH service area (358,613) is equally distributed with 50% females and 50% males.

Population by Ethnicity

Los Angeles County is a socially, culturally and economically diverse community. The AVH service area includes multi-ethnic and bilingual populations that require culturally and linguistically appropriate and sensitive healthcare services. The ethnic distribution of the Antelope Valley Hospital Service is Hispanic (45%), White Non-Hispanic (32%), Black (15%) followed by Asian (5%).



Data Source: [U.S. Census Bureau, 2009-2013 American Community Survey 5-Year Estimates](#)



Data Source: [U.S. Census Bureau, 2009-2013 American Community Survey 5-Year Estimates](#)

The Antelope Valley consists of a younger population with 34% under the age of 20 and 34% under the age 45. Older adults over the age of 65 who generally utilize the majority of healthcare services although they account for about 8% of the total population.

The Antelope Valley’s population has remained relatively stable after the population explosion in the early 1990s. However, from 2010-2013 population growth in Lancaster (1.8%) and Palmdale (2.9%) was lower than the growth rate in the state of California (3.2%) (U.S. Census Bureau, Quick Facts 2.0, 2013).

Limited English Proficiency and Level of Education

Limited English proficiency may create barriers to accessing and understanding the healthcare system. Appreciation of the language proficiency of the population is critical to ensure appropriate and effective healthcare communication from providers, literature and community events. The Antelope Valley has a larger population of English-only speaking residents (68%) when compared to Los Angeles County (43%) and California (56%). The percentage of limited English speakers in the Antelope Valley (15%) is lower than in the rest of Los Angeles County (28%) and California (19%).

Language Spoken at Home	United States	California	Los Angeles County	Antelope Valley
English only	79%	56%	43%	68%
Language other than English	21%	44%	57%	32%
Limited English proficiency	9%	19%	26%	15%
Spanish speaking	13%	29%	40%	27%
Spanish speaking limited English proficiency	6%	13%	18%	13%

Data Source: [U.S. Census Bureau, 2009-2013 American Community Survey 5-Year Estimates](#)

The Antelope Valley has higher high school graduation rates (27%) when compared with Los Angeles County (21%) and California (21%) and is about equivalent to the national rate (28%). There are fewer residents who have completed an advanced degree, bachelor's degree (10%) or a graduate degree (5%), in the Antelope Valley when compared to the county, state and national rates.

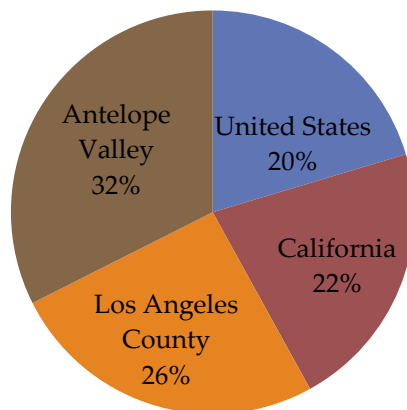
Educational Attainment	United States	California	Los Angeles County	Antelope Valley
Less than 9th grade	6%	10%	14%	10%
9th-12th grade, no diploma	8%	9%	10%	13%
High School graduate (includes GED)	28%	21%	21%	27%
Some college, no degree	21%	22%	20%	27%
Associate's degree	8%	8%	7%	9%
Bachelor's Degree	18%	19%	19%	10%
Graduate Degree or higher	11%	11%	10%	5%

Data Source: U.S. Census Bureau, 2009-2013 American Community Survey 5-Year Estimates

Population in Poverty

Poverty has been identified as a barrier to accessing healthcare, fresh foods and vegetables, dental care, and other services that are necessary for a healthier life and lifestyle. The Antelope Valley service area has a high disproportion of residents who live with an income below the Federal poverty level (32%) when compared to Los Angeles County (26%), California (22%) and the United States (20%). The difference in income in the Antelope Valley is an area of disparity and needs to address when creating programs or initiatives in healthcare.

Percent Population Below Poverty Level



Data Source: U.S. Census Bureau, 2009-2013 American Community Survey 5-Year Estimates

Health Insurance Coverage

Location	Percent population without health insurance coverage
United States	15%
California	18%
Los Angeles	22%
Antelope Valley	17%

Data Source: [U.S. Census Bureau, 2009-2013 American Community Survey 5-Year Estimates](#)

Inability to access health insurance is a large barrier to care and often leads to delayed care or treatments. The Antelope Valley service area has an uninsured population of (17%), which is lower than Los Angeles County (22%) but is comparable to the percentages of the uninsured in California and the United States.

Tobacco Smoking

Smoking is a known risk factor in developing cancer. Preventative measures in smoking cessation have been found to reduce the risk of cancer in both men and women. The Antelope Valley has a high disparity of those that smoke cigarettes when compared to Los Angeles County and the state of California but lower than the national average. Leading to the conclusion that smoking cessation programs are needed in the Antelope Valley to reduce the smoking rates in the Antelope Valley population.

Percent of adults who smoke cigarettes	
United States	19%
California	14%
Los Angeles County	13%
Antelope Valley	16%

Data Source: [\(State Cancer Profiles: County, 2008-2012\) \(Los Angeles County Key Indicators of Health By Service Planning Area, 2013\)](#)

Obesity Rates

Obesity is a known risk factor in developing cancer and other health conditions such as diabetes and high blood pressure. The Antelope Valley has a high disparity

of individuals who are obese when compared to Los Angeles County and the United States, indicating that Antelope Valley residents have a higher likelihood of being obese and complications associated with obesity.

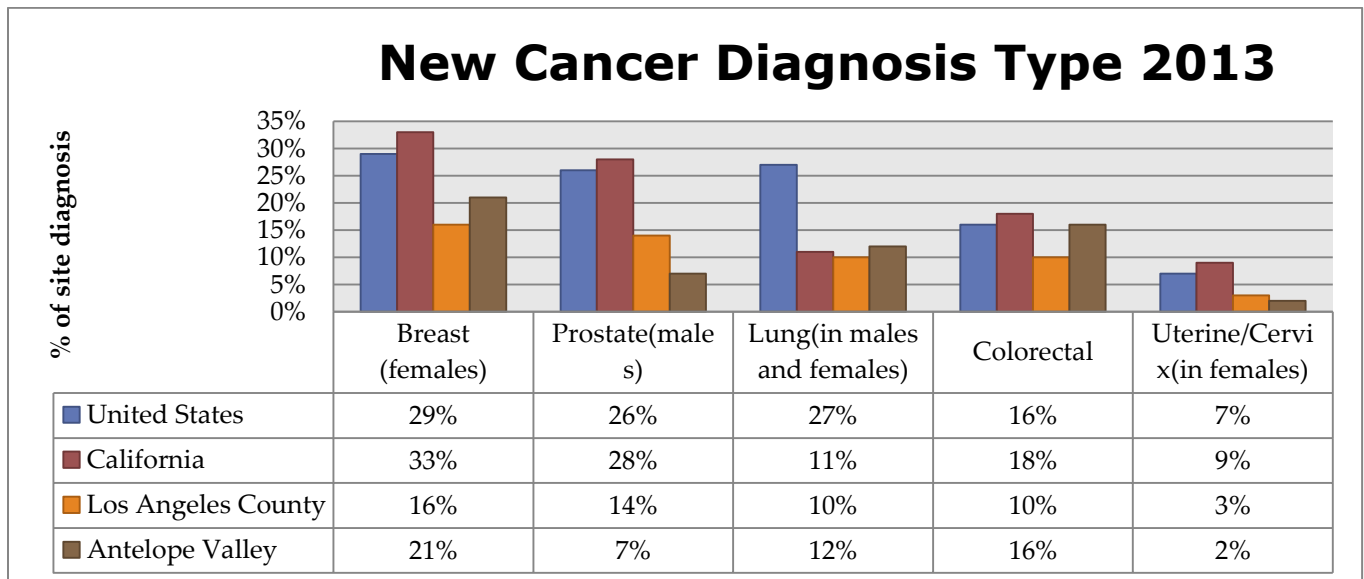
Location	Percent of adults who are obese	Percent of adults who are overweight
United States	28.30%	34.50%
Los Angeles County	23.60%	37.10%
Antelope Valley	34.80%	36.10%

Data Source: (Los Angeles County Key Indicators of Health By Service Planning Area, 2013)

Cancer Statistics

Cancer Types

The Antelope Valley has a high disparity of breast cancer (21%) when compared with Los Angeles County (16%), lung cancer (12%) when compared to Los Angeles County (10%) and California (11%), and colorectal cancer (16%) when compared to Los Angeles County (10%) but is equal to the national rate of (16%) and less than California (18%). There is limited data available for the number of reported uterine/cervical cancer diagnoses due to the lack of availability to gynecological oncologist, and residents must travel to the Los Angeles area or San Bernardino in order to receive those services.

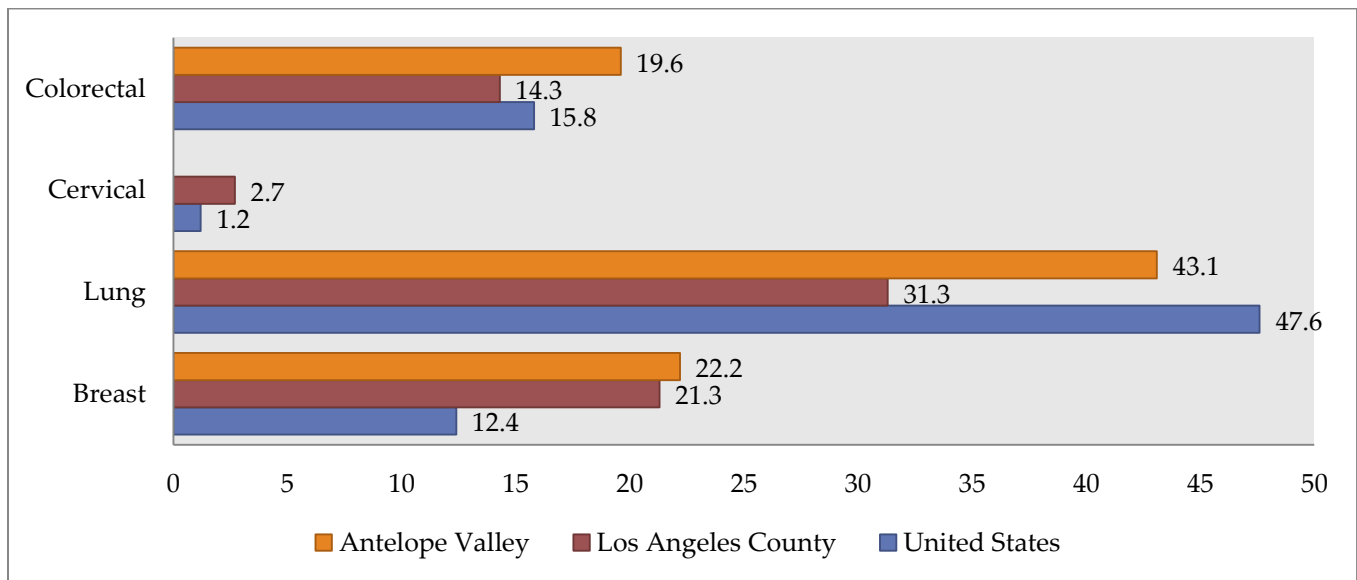


Data Source: (American Cancer Society, 2013),(Antelope Valley Hospital Cancer Registry , 2013)

Cancer Death Rates

The Antelope Valley has a high disparity of death rates in colorectal cancer (19.6%) when compared with Los Angeles County (14.3%) and the United States (15.8%), lung cancer (43.1%) compared to Los Angeles County (31.3%), and breast (22.2%) when compared with Los Angeles County (21.3%) and the United States (12.4%). Cervical cancer death rates are not available for the Antelope Valley. However, there is an identified disparity between the death rates from cervical cancer in Los Angeles County (2.7%) and the United States (1.2%).

Table 1: Cancer Death Rates per 100,000 (age-adjusted)



Data Source: (Los Angeles County Key Indicators of Health By Service Planning Area, 2013)

Focus Group Results

Focus groups were conducted with four local oncology practices in the Antelope Valley. These include, City of Hope: Antelope Valley, Antelope Valley Cancer Center, Kaiser Permanente Oncology and High Desert Regional Health Systems Oncology Clinic. Participants were nurses and office staff who serve oncology patients and their families. The findings from these focus groups include:

1. What services does your practice provide, including language-specific and culturally appropriate services?

All of the oncology groups offer medical oncology/hematology and radiation oncology. However, one group has to send patients to the Los Angeles Basin for radiation treatment. Two practices offer urological, surgical and gynecology oncology. The two larger practices also offer dietician and social worker services on a limited basis. The majority of oncology offices have access to interpreter services and offer language-line services or use staff. One practice has no access to staff and does not have language-line service if the patient or family speaks another language besides Spanish.

2. What do you see as an unmet need in the areas of cancer prevention, early detection, treatment and support for cancer patients and their families or other cancer related needs?

A common theme amongst practices is the belief that the community does not seek early screening. One respondent stated "Insurance companies place certain guidelines for screening; and if they do not meet their criteria, they cannot have it. We then see them diagnosed with late stage cancer because there was no screening until they had a symptom." Practices also voiced that the managed care system has created barriers to patients receiving scans, treatments and medications. One respondent stated "The insurance company has even called me to ask if the appointment with the oncologist was important and if he had to see them." Kaiser Permanente is unique in the community as it has a unified healthcare system and has a strong prevention and screening program. This includes phone calls and reminders to members to engage in healthy lifestyles and to receive recommended screenings.

One practice stated that it needs more resources and support group information that it can provide to patients and their families and feel that it lacks the access to resources and is unaware of how to refer to supportive services.

3. Describe any barriers to meeting your patients' cancer-related needs.

Transportation was voiced as the No. 1 barrier to care at all practices interviewed. Respondents commented that many patients miss treatments and appointments because they cannot find transportation to and from their appointments. Residents in Los Angeles County have Access Transportation services but all of the practices voiced concerns about long wait times for the transportation to arrive. Kern County residents were perceived to have the highest disparity in transportation services. The practices indicated that Kern County does not provide Access or Dial-A-Ride transportation into Lancaster, and the public bus system does not go to many portions of rural Kern County. These residents also travel far distances for care. It was voiced by all practices that the American Cancer Society has discontinued mileage reimbursement resulting in patients in rural areas being unable to afford the cost of gas to come for regular chemotherapy/radiation appointments.

Managed care was a common barrier to care identified by all groups except Kaiser. Respondents stated that they have long wait times for referrals for treatment, denials of essential treatments, and high co-payments. One respondent stated "It takes too long for insurance authorizations to get the patients the care they need."

Nutritional support and access to health foods was indicated as a problem area in all practices. One respondent stated, "Meals on Wheels has a year waiting list," and "Healthy food is not affordable."

4. What do you suggest to address cancer-related needs not currently met?

All practices indicated that the Antelope Valley Transit Authority needs to improve the transportation for the medically fragile. It was also expressed that Kern County Board of Supervisors needs to be made aware of the transportation difficulties for the residents of southern Kern County. One respondent suggested that the community lobby and advocate to local authorities regarding transportation and the state and federal government regarding the high co-payments and delays in treatment. All practices suggested that the American Cancer Society reinstitute their mileage reimbursement program to assist with transportation to and from treatments.

One practice indicated that it would be useful to have an Antelope Valley cancer resource Web page with resources and support groups that can be provided to patients and their families.

Participants indicated that education for low-income residents on screenings, prevention, diet and "how to eat healthy on a budget" should be offered to the community.

5. Do you have any ideas of how Antelope Valley Hospital may collaborate and improve community health?

Responses varied from practice to practice. Ideas such as annual health fairs, dietary programs, community health education on prevention and screening, and linking low-income and under-insured populations to primary medical physicians were discussed. A common idea was increasing communication with outside providers and ensuring a streamlined continuum of care.

A suggestion from one respondent was for Antelope Valley Hospital to have a medical transportation department that can drive patients home. Other areas mentioned were continued access to financial counselors, licensed social workers, and dieticians for the community.

6. Over the next five years, how would you like to see the community change to become a healthier community?

All practices indicated that they would like to see the community have healthier choices for food and groceries. One respondent stated, "There is fast food everywhere, and they need healthier choices." Practices stated that they would like to see more community education on diet, exercise and screenings provided to the local church communities and low-income areas. Practices indicated that they would like to see healthy-eating and exercise education starting in the elementary schools so "we start early and teach them a healthy lifestyle."

Practices indicated high instances of cigarette smoking and would like to see programs focused a smoking cessation.

7. Does your practice screen for psychosocial distress? If so, who provides follow up? If not, has your practice provided education on the 6th vital sign for cancer patients?

Only one practice screens for psychosocial distress in oncology patients using the PHQ, but they have the means of referring to a social worker or mental health professional to address those needs. One practice has a social worker who assesses all new patients upon beginning treatment but do not have a psychosocial distress tool or screening process. The other practices do not screen for psychosocial distress in their patients.

8. Does your practice provide support groups and community education? If so, what programs?

City of Hope offers educational lectures to the community and medical community and a support group once a week. The other practices do not have services at this time but Kaiser does offer community health education and prevention classes.

Implementation Strategy for Identified Needs

AVH is committed to addressing the needs of the Antelope Valley and its stakeholders. Health needs of the community were identified by data collection and focus groups conducted with primary oncology practices in the Antelope Valley. Needs of the community were confirmed by more than one indicator or data source (i.e., specific health need was indicated by both primary data collection and focus group findings). Health needs were identified based on the relative portion of the population afflicted by the problem or degree of disparity when compared to county, state and national population. Health needs were prioritized using the following criteria: higher rates of identified issue, impact on community health and quality of life, and availability of internal and external resources to meet the need.

Health Needs

The implementation strategy will address the following health needs through hospital community programs and activities:

- ◆ Cancer disparities (death rates and prevalence)
- ◆ Tobacco use
- ◆ Obesity

Cancer Disparities

- ◆ Offer free and low-cost cervical cancer screenings and screening mammograms through the “Every Woman Counts” collaborative.
- ◆ Increase attendance and participation in health fairs targeting low-income and racially diverse groups.
- ◆ Implement programs to offer cancer screening programs at health fairs and community events.
- ◆ Offer at least one cancer prevention program annually to educate the population about colon, lung, breast and/or cervical cancer.
- ◆ Offer at least one cancer screening program to improve detection of colon, lung, breast and cervical cancer in the community.

Tobacco Use

- ◆ Continue and expand on-site community smoking cessation programs, offered in partnership with the American Cancer Society.
- ◆ Establish smoking cessation programs off-site in low-income areas.
- ◆ Promote healthy lifestyle and smoking cessation by participating in health and wellness fairs.
- ◆ Continue to promote a smoke-free campus.

Obesity

- ◆ Provide community health education offered in English and Spanish on topics related to healthy eating on a budget and exercise.
- ◆ Partner with community organizations to address obesity in youths and adults.
- ◆ Continue partnership with Antelope Valley Partners for Health in decreasing rates of obesity in the Antelope Valley.
- ◆ Promote healthy lifestyle through diet to the community by participating in health and wellness fairs.

Acknowledgements

Participating Agencies

AVH would like to thank the local oncology practices for the participating focus groups to help identify needs and barriers in the Antelope Valley. These practices include:

- ◆ City of Hope Antelope Valley
- ◆ Antelope Valley Cancer Center
- ◆ Kaiser Permanente
- ◆ Los Angeles County High Desert Regional Health Systems Oncology Clinic

Exhibits

Oncology Offices Focus Group Questions

1. What services does your practice provide, including language-specific and culturally appropriate services?
2. What do you see as an unmet need in the areas of cancer prevention, early detection, treatment, and support for cancer patients and their families or other cancer related needs?
3. Describe any barriers to meeting your patient's cancer-related needs.
4. What do you suggest to address cancer related needs not currently met?
5. Do you have any ideas of ways Antelope Valley Hospital can collaborate and improve community health?
6. How would you like to see the community change over the next five years to become a healthier community?
7. Does your practice screen for psychosocial distress? If so, who provides follow up? If not, has your practice provided education on the 6th vital sign for cancer patients?
8. Does your practice provide support groups and community education? If so, what programs?

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Antelope Valley Hospital Cancer Registry. (2013).

Bureau, U.C. (2006-2010). *American Community Study*.

(2013). *Los Angeles County Key Indicators of Health By Service Planning Area*.

OSHPD. (2013). Retrieved July 21, 2015, from Antelope Valley Hospital Financial Snapshot-2013: <http://gis.oshpd.ca.gov/atlas/places/facility/106190034>

State Cancer Profiles: County. (2008-2012). Retrieved August 17, 2015, from Center for Disease Control: <http://statecancerprofiles.cancer.gov/index.html>

Antelope Valley Service-Area Stakeholders/Resources Available

Acute Care Hospitals

Antelope Valley Hospital
1600 West Avenue J
Lancaster CA, 93534
(661) 949-5000

Palmdale Regional Hospital
38600 Medical Center Drive
Palmdale, CA 93550
(661) 382-5000

Cancer Centers/Oncology Practices

AV Cancer Center – Palmdale
38660 Medical Center Drive
Palmdale, CA 93550
(661) 948-5928

High Desert Regional Health Center/Oncology
335 East Avenue I
Lancaster, CA 93535
(661) 471-4383

Dr. Rahul Ramesh Naik
44404 16th Street West, Suite #108
Lancaster CA 93534
661-942-4100

City Of Hope Antelope Valley
44151 15th Street West
Lancaster , CA 93534
(877) 828-3627/(661) 902-5600

Public and Community Clinics

Antelope Valley Community Clinic – Urgent Care
45104 10th Street West
Lancaster, CA 93534
(661) 942-2391

Antelope Valley Community Clinic – Lancaster
44216 10th Street West
Lancaster, CA 93534
(661) 942-2391

Antelope Valley Community Clinic – Palmdale
2151 E. Palmdale Blvd
Palmdale, CA 93550
(661) 942-2391

Antelope Valley Healthcare
335-B E. Avenue K-6
Lancaster, CA 93535
(661) 471-4100

Antelope Valley Vet Center (Non-Medical/Counseling)
38925 Trade Center Drive, Suites I/J
Palmdale, CA 93551
(661) 267-1026 or (877) 927-8387
(661) 267-2045

Bartz-Altadonna Community Health Center
44758 Elm Avenue
Lancaster, CA 93534
(661) 949-0300

California City Clinic
9300 N. Loop Blvd.
California City, CA 93505
(760) 373-1256

Care-a-Van Mobile Health Clinic I & II
Mobile Clinic
45104 10th Street West
Lancaster, CA 93534
(661) 942-2391

High Desert Regional Health Center
335 East Avenue I
Lancaster, CA 93535
(661) 471-4400

Kern County Department of Public Health
Mojave District Office
Public Health Nursing
1775 Highway 58
Mojave, CA 93501
(661) 824-7066

Lake Los Angeles Community Clinic
16921 East Avenue O, Suite G
Lake Los Angeles, CA 93591
(661) 945-8442

Tarzana Treatment Center
907 Lancaster Blvd.
Lancaster, CA 93534
(661) 723-4829

Tehachapi Community Medical
161 North Mill Street
Tehachapi, CA 93561
(661) 822-9054

Tehachapi Family Health Center
1775 Highway 58
Mojave, CA 93502
(661) 824-4511

Tehachapi Family Health Center
105 West E Street
Tehachapi, CA 93561
(661) 823-7070

VA Lancaster Community-Based Outpatient Clinic
340 E Avenue I Suite 108
Lancaster, CA 93534
(661) 729-8655

Wilsona Healthy Start Family Resource Center
16845 East Avenue M-8
Lake Los Angeles, CA 93535
(661) 264-5915

Home Health

Antelope Valley Home Care
44335 Lowtree Avenue
Lancaster, CA 93534
(661) 949-5938
Medical Director: Dr. Silpa Yalamanchi

Alden Home Health
1061 W Avenue M14, Suite D
Palmdale, CA 93551
(661) 266-8560
Medical Director: Dr. Gonzalo Martinez

Human Touch Home Care
44818 Fern Avenue, Suite 101
Lancaster, CA 93534
(661) 726-4200
Medical Director: Dr. Dwight Malone

Elite Home Care, Inc
3807 West Sierra Hwy #207
Acton, CA 93534
(661) 726-4200
Medical Director: Dr. Pradeep Singh

Dependable Home Health, Inc.
16922 Airport Blvd, Building 1, Suite 17
Mojave, CA 93501
(661) 824-0133
Medical Director: Dr. Stanley Cowen

Skilled Nursing Facilities

Antelope Valley Care Center
44567 North 15th Street West
Lancaster, CA 93534
(661) 949-5524
Medical Director: Dr. Satay Dandamudi

Lancaster Health Care Center
1642 West Avenue J
Lancaster, CA 93534
(661) 942-8463
Medical Director: Dr. Gonzalo Martinez

Mayflower Gardens Convalescent Hospital
6705 Columbia Way
Lancaster, CA 93536
(661) 943-3212
Medical Director: Dr. Ric Garrsion

Well Springs Post-Acute Center
44445 N. 15th Street West
Lancaster, CA 93534
(661) 948-7501
Medical Director: Dr. Doddanna Krishna

Hospice

All Season's Hospice and Palliative Care
(866) 986-1664
Medical Director: Dr. Bansal

Alden Hospice
1061 West Avenue M14
Palmdale, CA 93551
(661) 272-0001
Medical Director: Dr. Gonzalo Martinez

Pro-Care Hospice
42442 10th Street West
Lancaster, CA 93534
(661) 951-1146
Medical Director: Dr. Richard Kling

VITAS Healthcare
44444 16th Street W, Suite 205
Lancaster, CA 93534
(661) 942-3595
Medical Director: Dr. Ashkin Imanzahrai

US Medtrade Hospice
7040 Havenhurst Avenue
Van Nuys, CA 91406
(818)761-2721
Medical Director: Dr. Hanan Lobel

Senior Services

Antelope Valley Senior Center
777 W. Jackman Street
Lancaster CA 93534
(661) 726-4400

California City Senior Services
10221 Heather Avenue
California City, CA 93505
(760) 373-1006

Heritage Clinic
1037 West Avenue N, Suite 205
Palmdale, CA 93551
(661) 575-9365

Legacy Commons for Active Adults
930 East Avenue Q-9
Palmdale, CA 93550
(661) 267-5904

Rosamond Senior Center
2500 20th Street West
Rosamond, CA 93560
(661) 256-1012

LA County Social Services Information
211

Kern County Senior Information Line
(661) 868-1000

Community Public Services

Los Angeles County Social Services
349 East Avenue K6
Lancaster, CA 93535
(866) 613-3777

Los Angeles County Social Services/IHSS
335 East Avenue K-10
Lancaster, CA 93535
(661) (866) 613-3777

Kern County In-Home-Supportive Services
(661) 868-1000

Children's Bureau
44404 16th Street W
(661) 951-2191

Penny Lane
43520 Division Street
Lancaster, CA 93535
(661) 266-4783

Adult Day Care

Antelope Valley Adult Day Health Care Center
42212 10th Street West
Lancaster, CA 93534
(661) 949-6278

Lancaster Adult Day Healthcare Center
858 W Jackman Street, Suite 101
Lancaster, CA 93534
(661) 948-1228

Nutrition

Older Adult Nutrition Programs

Meals on Wheels
AVCOA
858 W. Jackman Street, Suite 201
Lancaster, CA 93534
(661) 726-4400

Meals on Wheels (Kern County)
2500 20th Street West
Rosamond, CA 93560
(661) 265-0557

Lancaster Senior Center
777 West Jackman
Lancaster, CA 93534
(661) 726-4400

Palmdale Senior Center
1002 East Avenue Q-12
Palmdale, CA 93550
(661) 947-3233

Jackie Robinson Park
8773 East Avenue R
Littlerock, CA 93543
(661) 944-2880

Food Banks and Hot Meals Programs

Grace Resource Center
45134 N. Sierra Hwy, #A
Lancaster, CA 93534
(661) 940-5272

Littlerock Community
7854 Pearblossom Hwy.
Littlerock, CA 93543
(661) 361-0890

East Palmdale Foursquare
1817 East Avenue Q, A-6
Palmdale, CA 93550
(661) 274-2699

Palmdale Community Foundation
1002 East Avenue Q-12
Palmdale, CA 93550
(661) 267-5191

Temple of Deliverance
38444 20th Street East
Palmdale, CA 93550
(661) 273-4337

Mojave Assembly of God
Address of food pantry
16027 M Street
Mojave, CA 93502
(661) 824-4287

Salvation Army
2230 Shasta Street (Corner of K Street)
Mojave, CA 93501
(661) 824-2100

God's Enduring Touch of Grace
2643 15th Street West
Rosamond CA 93560
(661) 480-8439

Rosamond Salvation Army
81 C Street
Rosamond, CA 93560
(661) 256-2307

Social services, case management, food, and holiday meals and gifts may be offered.

St. Mary's of the Desert
3100 15th Street
Rosamond, CA 93560
(661) 256-4505

Emergency Shelter

Lancaster Community Shelter
44611 Yucca Avenue
Lancaster, CA 93534
(661) 945-7524

Access Program
45134 N. Sierra Hwy
Lancaster, CA 93534
(661) 942-2758

SAVES
1002 East Avenue Q-12
Palmdale, CA 93550
(661) 267-5191

Section 8 Housing
(800) 731-4663